



WOMEN'S SWEAT CEREMONIES

OCTOBER 3

NOVEMBER 21

DECEMBER 12

STARTING AT 7:00PM

HAWKINS VALLEY
48426 DEADWOOD LOOKOUT RD
COARSEGOLD, CA 93614

PLEASE REMEMBER:

COME IN A PRAYERFUL WAY, NOT UNDER THE INFLUENCE OF ANY DRUGS/ALCOHOL

BRING A TOWEL AND DRY CLOTHES FOR AFTER THE SWEAT

ONLY PARTICIPATE IF YOU ARE NOT ON YOUR MOON TIME (MENSTRUAL CYCLE)

BE SURE TO WEAR AN ANKLE-LENGTH SKIRT & T-SHIRT COVERING THE SHOULDERS

THERE WILL BE A POTLUCK AFTER, PLEASE BRING YOUR FAVORITE DISH TO SHARE

QUESTIONS? CALL OR TEXT US AT (559) 721-4410
WWW.CHUKCHANSILANGUAGE.ORG/CONTACTUS



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